

## Lambeth Advice Services

There are a number of local advice providers who offer free, impartial and confidential advice to Lambeth residents. This information pack lists available services and how to seek support. This includes help with:

- Welfare benefits
- Debt
- Income maximisation
- Housing
- Support with claiming Council benefits (e.g. Council Tax Support)
- Form filling
- Consumer
- Immigration
- Legal advice
- Relationships and family

### Services include:

- One-off advice and guidance, including Lambeth Telephone Advice Line
- Ongoing one-on-one support with complex issues

Support is available over the phone, by email or in-person.

Read the information below to find the best provider for your needs. **All of our providers are open to all of Lambeth's residents.** Where providers are especially prepared to deal with specific groups or issues, these are identified below. You can click each provider's name to go straight to their website.

**One-off advice and guidance, including Lambeth Telephone Advice Line:** The following providers offer one-off free, impartial and confidential advice to anyone. You can either call, email or visit the provider in-person. The support sometimes requires an appointment:

Provider	Contact
<p><a href="#">Citizens Advice Lambeth and Merton</a></p>	<p><b>Lambeth Telephone Advice Line:</b> You can call this provider for one-off advice and guidance via telephone on 0800 254 0298 (Option 4). Open Monday to Friday, 10:00am to 4:00pm.</p> <p>This Advice Line may get busy. If you don't get through to anyone, consider calling again at a different time, or engage with one of the below options.</p> <p><b>Web form:</b> <a href="https://www.caml.org.uk/advice-contact">https://www.caml.org.uk/advice-contact</a></p> <p><b>In-person:</b> 91 Kennington Lane, London SE11 4HQ</p> <ul style="list-style-type: none"> <li>• Monday: 10:00am – 12:00pm and 1:00pm – 3:00pm</li> <li>• Tuesday: Pre-booked appointments only</li> <li>• Wednesday: 10:00am – 12:00pm and 1:00pm – 3:00pm</li> <li>• Thursday – Sunday: Closed</li> </ul>
<p><a href="#">AgeUK Lambeth</a></p>	<p>AgeUK offers an outreach based service at local events and community settings. Get in touch with them to find out when and where they will be near you.</p> <p><b>Telephone:</b> 0333 360 3700</p> <p>Anyone can use this service, but it is especially helpful for those aged over 55.</p>
<p><a href="#">Norwood and Brixton Food Bank</a></p>	<p><b>Telephone:</b> 07722121108 <b>Email:</b> <a href="mailto:norwoodfoodbank@btinternet.com">norwoodfoodbank@btinternet.com</a></p> <p><b>In-person:</b> Emmanuel Church, 96 Clive Rd, West Dulwich, SE21 8BU</p> <ul style="list-style-type: none"> <li>• Thursdays: 11:00am – 2:00pm</li> </ul> <p>Brixton Hill Methodist Church, Elm Park, SW2 2TX</p> <ul style="list-style-type: none"> <li>• Wednesdays: 11:00am – 1:00pm</li> </ul> <p>Vauxhall Hope Church, 105 Tyers Street, SE11 5HS</p> <ul style="list-style-type: none"> <li>• Wednesdays: 11:30am – 1:30pm</li> </ul> <p>Immanuel &amp; St Andrew's Church, 452 Streatham High Rd, SW16 3PY</p> <ul style="list-style-type: none"> <li>• Tuesdays: 12:00pm – 2:00pm</li> </ul>

<a href="#">KataKata</a>	<p><b>Telephone:</b> 02034901160  <b>Email:</b> <a href="mailto:admin@katakatabrixton.com">admin@katakatabrixton.com</a>  <b>In-person:</b> 132A Brixton Hill, London SW2 1RS</p> <ul style="list-style-type: none"> <li>Monday to Friday, 11:00am – 5:00pm</li> </ul> <p>Especially helpful for: welfare benefits and other applications support</p>
<a href="#">South East London Mind</a>	<p><b>Telephone:</b> 020 8159 8355 (Monday to Friday, 9:00am – 5:00pm)  <b>Email:</b> <a href="mailto:infols@selmind.org.uk">infols@selmind.org.uk</a></p>
<a href="#">The Spires Centre</a>	<p><b>Telephone:</b> 020 8696 0943  <b>Email:</b> <a href="mailto:info@spires.org.uk">info@spires.org.uk</a>  <b>In-person:</b>  St Leonard’s Church, 8 Tooting Bec Gardens, SW16 1RB</p> <ul style="list-style-type: none"> <li>Monday &amp; Thursday: 9:00am – 11:30am</li> </ul> <p>St Luke’s Church, 13 Norwood High St, SE27 0DT</p> <ul style="list-style-type: none"> <li>Tuesday &amp; Friday: 9:00am – 11:30am</li> </ul> <p>Especially helpful for: homelessness and risk of homelessness; vulnerable women</p>

**Ongoing one-on-one support with complex issues:** The following providers offer free, impartial and confidential support to anyone, and can help with more complex issues that need more than one-off advice and guidance. You can either call, email or visit the provider in-person:

Provider	Contact
<a href="#">Citizens Advice Lambeth and Merton</a>	<p><b>Web form:</b> <a href="https://www.caml.org.uk/advice-contact">https://www.caml.org.uk/advice-contact</a>  <b>In-person:</b>  91 Kennington Lane, London SE11 4HQ</p> <ul style="list-style-type: none"> <li>Monday: 10:00am – 12:00pm and 1:00pm – 3:00pm</li> <li>Tuesday: Pre-booked appointments only</li> <li>Wednesday: 10:00am – 12:00pm and 1:00pm – 3:00pm</li> <li>Thursday – Sunday: Closed</li> </ul>
<a href="#">Brixton Advice Centre</a>	<p><b>Web form:</b> <a href="https://brixtonadvice.org.uk/for-advice">https://brixtonadvice.org.uk/for-advice</a>  <b>In-person:</b>  167 Railton Road, London SE24 0LU</p> <ul style="list-style-type: none"> <li>Monday to Thursday, 10:00am – 12:00pm</li> </ul>

<p><a href="#">Centre 70</a></p>	<p><b>Web form:</b> <a href="https://centre70.org.uk/contact-us/">https://centre70.org.uk/contact-us/</a>  <b>Email:</b> <a href="mailto:enquiries@centre70.org.uk">enquiries@centre70.org.uk</a>  <b>In-person:</b>  46 Knights Hill, West Norwood, SE27 0JD</p> <ul style="list-style-type: none"> <li>• Drop-ins and pre-booked appointments throughout the week</li> <li>• Information about opening times is available on the website: <a href="https://centre70.org.uk/contact-us/">https://centre70.org.uk/contact-us/</a></li> </ul>
<p><a href="#">Indoamerican Refugee and Migrant Association (IRMO)</a></p>	<p><b>Telephone:</b> 020 7733 9977 (11:00am – 1:00pm, Monday to Friday)  <b>Email:</b> <a href="mailto:info@irmo.org.uk">info@irmo.org.uk</a>  <b>In-person:</b> Unit 9, Warwick House, Overton Road, London, SW9 7JP</p> <ul style="list-style-type: none"> <li>• Drop-ins and opening times may vary, email or call before visiting IRMO</li> </ul> <p>Especially helpful for: Portuguese and Spanish language speakers</p>
<p><a href="#">Cambridge House Law Centre</a></p>	<p><b>Telephone:</b> 020 7358 7025  <b>Email:</b> <a href="mailto:lawcentre@ch1889.org">lawcentre@ch1889.org</a>  <b>In-person:</b>  The Printworks, Unit F, 22 Amelia Street, London SE17 3PY.</p> <ul style="list-style-type: none"> <li>• Open Monday to Friday from 10:00am to 1:00pm and 2:00pm to 5:00pm</li> </ul> <p>Especially helpful for: specialist legal support in housing</p>